

HOW TO BE SAFE IF THERE IS A FIRE

If a fire starts in your home, everybody needs to get out as quickly as possible. Having working smoke alarms and a Home Fire Escape Plan will increase your chances of getting out of your house safely.

Families who are well-prepared and have a plan are more likely to escape their homes safely and calmly.

Have a Fire Escape Plan

What you can do at home:

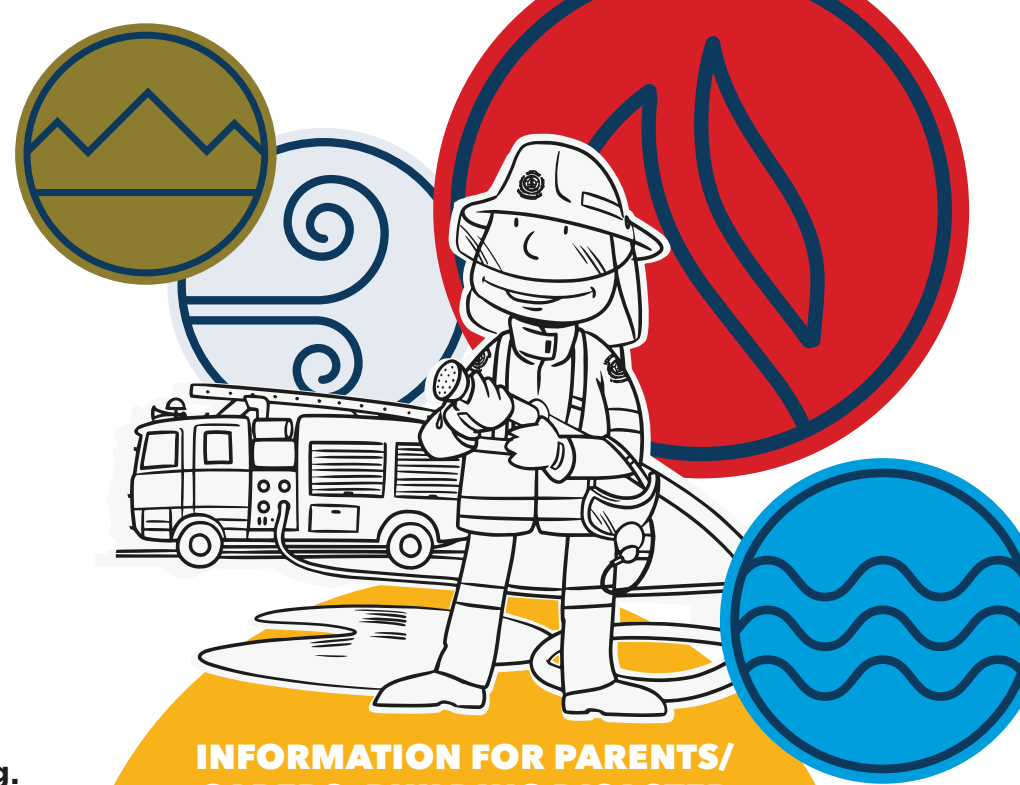
1. Ask adults at home: “What will we do if there is a fire?”
2. Discuss the best place for everyone to meet outside. Call this your meeting place.
3. Stand in your bedroom with your parent/carer. Discuss how you would get out of the room if there was a fire. Can you get out of the door easily? Can you get out of the windows?
4. Practise crawling from your bedroom to your meeting place.
5. Choose another room (or rooms) and repeat the activity.
6. Make sure everyone in your home knows what to do if there is a fire.

When there is a fire:

- Crawl low under smoke.
- Get out and stay out. Do not go back for anything.
- Go to your safe meeting place and stay there.
- Call 000 (triple zero).
- Wait for firefighters to arrive.

BE PREPARED

Have a Home Fire Escape Plan and practise it at least twice a year.



INFORMATION FOR PARENTS/ CARERS: BUILDING DISASTER RESILIENCE IN YOUNG PEOPLE

The best way to reduce the likelihood of families being harmed in a house fire is by reducing each family member's risk. Research tells us that if children know the risks associated with fire and take measures to reduce or prevent their risk they are likely to know how to respond in a house fire. Your children can make a valuable contribution to your family's Home Fire Escape Plan and can learn to recite their name, address and nearest cross street.

1. DRAW A MAP OF YOUR HOME, SHOWING EXITS AND YOUR MEETING PLACE.

2. DRAW YOUR BEDROOM. LABEL ONE OR TWO WAYS YOU COULD EXIT YOUR ROOM IF THERE WAS A FIRE.

3. COMPLETE THIS CHECKLIST: TICK EACH CHECK BOX, IF IT IS TRUE:

- We have tested our smoke alarms and they are working.
- If there is a fire, I know how to get out of my bedroom.
- Our agreed meeting place is:

- If there is a fire, I know how to get out of these rooms:

- We have a Home Fire Escape Plan.
- We have practised our plan.
- Parent Signature

